

マリアンズの1日

上智短大に隣接して建っていた聖マリア寮*。

ここに住んでいた寮生は自分たちを「マリアンズ」と呼んでいました。

20期のマリアンズの1日をご紹介します。
*2020年に閉寮

A Day in the Life of a Marian

St. Mary's Dormitory, located next to Sophia Junior College Division, was home to a close-knit community of students who called themselves the "Marians." Here is a glimpse into a day in the life of the 20th-generation Marians. St. Mary's Dormitory closed in 2020.

7:30 起床 & 掃除

全員で毎日掃除です。観葉植物の葉にもほこりもチェック。聖堂や各フロアの老コア、洗面所、食堂など隅から隅までピッカピカ

8:00 朝食

短期大学の学食へ移動して全員でいただきます

9:15 登校

通学時間はたったの2分！

12:30 昼食（各自）

寮内の共有キッチンで作っている寮生が多かったです

17:45 夕食

短期大学の学食へ移動します。アイス、ジュース、チーズケーキなどの誘惑も多かったです
朝晩ともに食事は本当においしかったです！

18:30～20:30

課題はもちろんのこと、冬は和室のこたつでミカンを食べたりカードゲームをやったり、先輩の部屋にお邪魔して悩みを聞いてもらったり・・・この時間帯に入浴もします（1人30分）

21:00以降 静粛時間

他室への訪問は禁止されていました

7:30 a.m. Wake-up & Cleaning

Daily dormitory cleaning, with every corner thoroughly cleaned and even houseplant leaves dusted.

8:00 a.m. Breakfast

Breakfast in the Sophia University Junior College Division cafeteria.

9:15 a.m. Leave for Class

Just a 2-minute walk to campus!

12:30 p.m. Lunch (Individual)

Many residents prepared meals in the dormitory's shared kitchen.

5:45 p.m. Dinner

Dinner in the Sophia University Junior College Division cafeteria.

Temptations such as ice cream, juice, and cheesecake were always nearby. Both breakfast and dinner were truly excellent!

6:30-8:30 p.m.

Besides studying and completing assignments, students enjoyed spending time together in the shared Japanese-style room. In winter, they gathered around the kotatsu, eating mandarins and playing card games. Many also visited senior students' rooms for advice and conversation. Students usually took their baths during this time as well, with each person allotted 30 minutes.

After 9:00 p.m.

Quiet Hours Visits to other rooms were not permitted.